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# Breathe, Pray, Write

*A Quarterly Newsletter to Encourage Writers*

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VCNettles Inspirations and Letters, LLC

*This is the first issue of what I hope will become a consistent journey for each of us. If you are receiving this, you have expressed to me at least once, that you feel or have felt that God is calling you to write. And, you asked me to encourage you along the way. Well, Here We Are. It is not my desire to annoy you, but to fulfill a few promises – to you and me.....*



**So Welcome Aboard**

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## **Just so you know...**

*Your mission to write is a Journey. A journey that moves you from the ideas in your head, from the vision God has placed in your spirit, to a printed, published book. There are many steps in-between and all along the way. Sometimes you will be frustrated, annoyed, worried, scared, and every now and again, you will squeal with joy as you revel in the possibility. The important part of the Journey..... **JUST DO IT!!***

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## **What Do I Do First? WRITE**

*We spend a lot of time talking about how we don't have time to write. We spend a lot of time talking ourselves out of time to write. And, we spend a lot of time convincing ourselves that we don't have anything to write about. **WRONG!! WRONG!! WRONG!!***

1. *There is always time to write and pursue your dream and/or passion. Put writing on your schedule. Schedule time to write a few hours a day or a couple of days a week. (I struggle with the schedule too, but make time to write. Don't give up!)*

2. *It doesn't matter what you write. It doesn't matter if it's grammatically correct (for now). What matters is that you take the time to write something.*
3. *Don't throw away or delete anything until you are **COMPLETELY** done. And sometimes not even then. The random thoughts in your head and heart may seem incoherent or random; or they may just be out of order. But they are your thoughts. They – just like your voice – have a place. Don't throw them away.*
4. *Yes, it's best that you have a notebook or tablet to write in.*

*But if it's not available, write it on a napkin, type it in your phone (Notes or Google Docs or Google Keeps, etc.) or record it on your phone. Don't wait – sometimes the words don't come back.*

5. *Don't write them on your hands – you wash them. Don't write and drive (I've done it... it's dangerous. 😊) Don't throw away your napkin or scratch paper. Immediately put it safe in your wallet or purse.*

***I am so excited to partner with you on your writing journey. Let me know what you think. See you soon. Email, message, or call me. Many, many hugs!!***

